



*St. Jude's Anglican Home*

*A legacy of caring since 1948*

### **RESIDENT AND FAMILY COUNCIL Introduction letter**

*Placing a family member in long term care can be an anxious time for both the new resident and the family.*

*For the new resident, there will be a period of adjustment to new surroundings, new caregivers, new routines.*

*For the family members, it can easily feel overwhelming, as you deal with guilt, anxiety, sadness and a sense of loss when moving a loved one into a care environment.*

*With time you will all find St Jude's is a very warm and welcoming home and the Resident and Family Council plays an integral part in making new families feel at home.*

*Some of the objectives of the council are:*

- *To welcome new families.*
- *To advocate on behalf of the residents.*
- *To provide a forum in which to support one another, identify needs and brainstorm solutions.*
- *To provide educational opportunities for family members: (eg: dementia care, coping with guilt and grief, palliative care)*
- *To enhance effective communication between residents and family members with the administration and staff.*

*Please consider being involved in the Resident and Family Council. Together we can make a difference, as we all have a common goal of making the lives of our loved ones comfortable at St. Jude's.*

*Meetings are held approximately five times a year and are open to residents, family members and representatives.*

*Meeting Minutes are available in the front office and will be emailed to families who have provided contact email addresses.*

*If you are interested in being involved or would like more information, please contact the front office and a member of the council will contact you.*

**WELCOME TO ST. JUDE'S!**

- *The Resident and Family Council Executive Team*

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