

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

May 2026

*Celebrating Mothers and
those who Care for Others*

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|--|---|--|---|--|--|---|
| World Laughter Day 3 BMO Vancouver Marathon 10 Virtual Church MF&2F 10:30 Active Games 2F 2 Sensory Program MF 3:30 Brain Games 2F | Star Wars Day 4 10:30 Exercises 2:30 Java Music Club MF 2:30 Gardening 2F | Cinco de Mayo (Mexico) 5 10:30 Walking Club 2:00 Table Talk MF 2:30 Baking 2F 3 Puzzles/Games MF  | 10:30 Exercises 6 2:30 Hymnsing MF 2:30 Board Games 2F | 10:30 Table-setting 7 Mother's Day Luncheon 11:45 2F 12 noon MF  2:30 Luke Sandford Mother's Day Concert MF 2:30 Java Music Club 2F | May Day 1 National Physicians' Day 10:30 Trishaw Bike Rides* 1:30 Catholic Eucharist 2:30 Hymnsing MF 2:30 Bingo 2F | Kentucky Derby 2 10 Active Games 2F 10:30 Hand Spa MF&2F 2 Baking MF 3 Fine Arts & Crafts 2F |
| Mother's Day 10 10 Virtual Church MF&2F 10:30 Active Games 2F 2 Flower Arranging MF 3:30 Mother's Day History & Trivia 2F | 10:30 Exercises 11 2:30 Sing-along with Hey-Jung MF  2:30 Gardening 2F | International Nurses Day 12 10:30 Walking Club 2:00 Table Talk MF 2:30 Baking 2F 3 Puzzles/Games MF | 10:30 Exercises 13 2:30 Hymnsing MF 2:30 Board Games 2F | HAIR CARE DAY 14 10:30 Walking Club 2:30 Gardening*/Brain Gym MF 2:30 Java Music Club 2F | Victory in Europe Day 8 10:30 Trishaw Bike Rides* 1:30 Catholic Eucharist 2:30 Hymnsing MF 2:30 Bingo 2F | Internat'l Migratory Bird Day 9 10 Active Games 2F 10:30 Hand Spa MF&2F 2 Pizza Making MF  3 Fine Arts & Crafts 2F |
| 10 Virtual Church 17 MF&2F 10:30 Active Games 2F 2 Anglican Chapel Service 3:30 Brain Games 2F  | Victoria Day 18 10:00 Exercises 2F 11:00 Exercises MF 2:30 Victoria Day Music with Bob Collins MF 3:30 1:1/Small Group 2F  | National Volunteer Week 19 10:30 Walking Club 2:00 Table Talk MF 2:30 Baking 2F 3 Puzzles/Games MF | National Volunteer Week 20 10:30 Exercises 2:30 Hymnsing MF 2:30 Board Games 2F | National Volunteer Week 21 10:30 Walking Club 2:30 Gardening*/Brain Gym MF 2:30 Java Music Club 2F | International Day of Families 15 10:30 Trishaw Bike Rides* 1:30 Catholic Eucharist 2:30 Hymnsing MF 2:30 Bingo 2F | Wear Purple for Peace Day 16 10 Active Games 2F 10 Hand Spa MF&2F 2 Baking MF 3 Fine Arts & Crafts 2F  |
| 10 Virtual Church 24 MF&2F 10:30 Active Games 2F 2 Sensory Program MF 3:30 Brain Games 2F | 10:30 Exercises 25 2:30 Music with Alistair MF  2:30 Gardening 2F | 10:30 Walking Club 26 2:00 Table Talk MF 2:30 Baking 2F 3 Puzzles/Games MF | World Otter Day 27 10:30 Exercises 2:30 Hymnsing MF 2:30 Music with Bob Collins 2F | Day of Action on Women's Health 28 10:30 Walking Club 2:30 Gardening*/Brain Gym MF 2:30 Java Music Club 2F | International Day for Biological Diversity 22 10:30 Trishaw Bike Rides* 1:30 Catholic Eucharist May Birthday Parties with Hand Over Heart  2:00 2F, 3:00 MF | Water a Flower Day 23 10 Active Games 2F 10 Hand Spa MF&2F 2 Baking MF 3 Fine Arts & Crafts 2F  |
| Macaroon Day 31 10 Virtual Church MF&2F 10:30 Active Games 2F 2 Sensory Program MF 3:30 Brain Games 2F | <p>Please note:</p> <ul style="list-style-type: none"> • Program times are flexible depending on resident needs • MF = Main Floor, 2F = 2nd Floor • *weather permitting – alternative indoor program offered in poor weather • All programs without floor noted are on <u>both</u> floors | | | | | |