

July 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Please note: - Program times are flexible depending on resident needs - MF = Main Floor, 2F = 2nd Floor *weather permitting – alternative indoor program offered in poor weather - All programs without floor noted are on <u>both</u> floors						
			CANADA DAY 1 10 Canadian Floor Hockey 2F 11 Canadian Floor Hockey MF 2:00 Hymnsing MF 2:30 Table Games 2F 3:30 Hymnsing 2F	10:30 Table Setting  CANADA DAY BBQ LUNCH 2 CANADIAN MAPLE SUNDAE SOCIAL	10:30 Trishaw Bike Rides* 1:30 Catholic Eucharist 2:30 Canada Day Party with Ed, Salve, and Friends MF 3:00 Spiritual Program with Chaplain 2F	Country Music Day 4 10 Active Games 2F 10:30 Hand Spa MF&2F 2 Summer Cooking MF 3 Fine Arts & Crafts 2F
Apple Turnover Day 5 10 Virtual Church MF&2F 10:30 Active Games 2F 2 Sensory Program MF 3:30 Brain Games 2F	10:30 Exercises 2:30 Music with Bob Collins 2F 3:00 Gardening 2F	HAIR CARE DAY 7 World Chocolate Day 10:30 Walking Club 2:00 Table Talk MF 2:30 Summer Cooking 2F 3 Puzzles/Games MF 	Blueberry Day 8 10:30 Exercises 2:30 Hymnsing with Chaplain Prayers MF 2:30 Board Games 2F 3:30 Spiritual Program 2F	10:30 Walking Club 2:30 Ice Cream Social 	Motorcycle Day 10 10:30 Trishaw Bike Rides* 1:30 Catholic Eucharist 2:30 Hymnsing MF 2:30 Bingo 2F 3:30 Spiritual Program with Chaplain 2F	World Population Day 11 10 Active Games 2F 10:30 Hand Spa MF&2F  2 Pizza Making MF 3 Fine Arts & Crafts 2F
12 10 Virtual Church MF&2F 10:30 Active Games 2F 2 Sensory Program MF 3:30 Brain Games 2F	International Rock Day 13 10:30 Exercises 2:30 Java Music Club MF 3:00 Gardening 2F 	Bastille Day 14 10:30 Walking Club 2:00 Table Talk MF 2:30 Summer Cooking 2F 3 Puzzles/Games MF	15 10:30 Exercises July Birthday Parties with Hand over Heart 2-2:30 2F 3:30pm MF 2:30 Board Games 2F 3:30 Spiritual Program 2F 	16 10:30 Walking Club 2:30 Ice Cream Social	17 10:30 Trishaw Bike Rides* 1:30 Catholic Eucharist 2:30 Hymnsing MF 2:30 Bingo 2F 3:30 Spiritual Program with Chaplain 2F	18 10 Active Games 2F 10:30 Hand Spa MF&2F 2 Baking MF 3 Fine Arts & Crafts 2F 
Ice Cream Day 19 10 Virtual Church MF&2F 10:30 Active Games 2F 2 Anglican Chapel Service – Lower Level 3:30 Brain Games 2F 	20 10:30 Exercises 2:30 Music with Bob Collins MF 3:00 Gardening 2F	21 10:30 Walking Club 2:00 Table Talk MF 2:30 Summer Cooking 2F 3 Puzzles/Games MF 	22 10:30 Exercises 2:30 Hymnsing with Chaplain Prayers MF 2:30 Board Games 2F 3:30 Spiritual Program 2F	23 Commonwealth Games begin 10:30 Walking Club 2:30 Ice Cream Social	Cowboy Day 24 10:30 Trishaw Bike Rides* 1:30 Catholic Eucharist 2:30 Hymnsing MF 2:30 Bingo 2F 3:30 Spiritual Program with Chaplain 2F	Christmas in July 25 10 Active Games 2F 10:30 Hand Spa MF&2F 2 Summer Cooking MF 3 Fine Arts & Crafts 2F 
Aunts and Uncles Day 26 10 Virtual Church MF&2F 10:30 Active Games 2F 2 Sensory Program MF 3:30 Brain Games 2F	27 10:30 Exercises 2:30 Java Music Club MF 2:30 Music with Alistair 2F 	Milk Chocolate Day 28 10:30 Walking Club 2:00 Table Talk MF 2:30 Summer Cooking 2F 3 Puzzles/Games MF	International Tiger Day 29 10:30 Exercises 2 Celebration of Life in the Chapel – Lower Level 	Friendship Day 30 10:30 Walking Club 2:30 Ice Cream Social 	Mutt's Day 31 10:30 Trishaw Bike Rides* 1:30 Catholic Eucharist 2:30 Hymnsing MF 2:30 Bingo 2F 3:30 Spiritual Program with Chaplain 2F	