

August 2026

SUNDAY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Happy Vancouver Pride

Happy Rainbow month

Vancouver Pride March
"Love is Love"
10 Virtual Church MF&2F
10:30 Active Games 2F

2 Sensory Program MF
3:30 Brain Games 2F

BC DAY
10:00 Exercises 2F
11:00 Exercises MF

2:30 BC Day Music with Alistair MF
3:30 Gardening 2F

Chocolate Chip Cookie Day
10:30 Walking Club

1:30 BC Day & Vancouver Pride March History MF
3 Puzzles/Games 2F

10:00 Exercises 2F
11:00 Exercises MF
2:30 Hymnsing & Prayers with Chaplain MF
2:30 Board Games 2F
3:30 Spiritual Program with Chaplain 2F

HAIR CARE DAY
10:30 Walking Club

2:00 Ice Cream Social 2F
2:30 Ice Cream Social MF

10:30 Trishaw Bike Rides*
1:30 Catholic Eucharist
August Birthday Parties with Hand over Heart
2-2:30 2F
3:30pm MF
3:30 Spiritual Program with Chaplain 2F

Cat Day
10 Active Games 2F
10:30 Hand Spa MF&2F
2 Pizza Making MF
3 Fine Arts & Crafts 2F

Book Lover's Day
10 Virtual Church MF&2F
10:30 Active Games 2F

2 Sensory Program MF
3:30 Brain Games 2F

10:00 Exercises 2F
11:00 Exercises MF

2:30 Music Program MF
3:00 Gardening 2F

10:30 Walking Club
BBQ LUNCH
1:30 Table Talk MF
3 Summer Cooking 2F

10:00 Exercises 2F
11:00 Exercises MF
2:30 Hymnsing & Prayers with Chaplain MF
2:30 Board Games 2F
3:30 Spiritual Program with Chaplain 2F

Left-Handers' Day
10:30 Walking Club

2:00 Ice Cream Social 2F
2:30 Ice Cream Social MF

10:30 Trishaw Bike Rides*
1:30 Catholic Eucharist
2:30 Hymnsing & Prayers with Chaplain MF
2:30 Bingo 2F
3:30 Spiritual Program with Chaplain 2F

Indian Independence Day
10 Active Games 2F
10:30 Hand Spa MF&2F
2 Summer Cooking MF
3 Fine Arts & Crafts 2F

Tell a Joke Day
10 Virtual Church MF&2F
10:30 Active Games 2F

10:00 Exercises 2F
11:00 Exercises MF
2:30 Music with Bob Collins MF
3:00 Gardening 2F

10:30 Walking Club

2:00 Table Talk MF
3 Summer Cooking 2F

World Humanitarian Day
10:00 Exercises 2F
11:00 Exercises MF
2:30 Hymnsing & Prayers with Chaplain MF
2:30 Board Games 2F
3:30 Spiritual Program with Chaplain 2F

Lemonade Day
10:30 Walking Club

2:00 Ice Cream Social 2F
2:30 Ice Cream Social MF

Senior Citizen's Day
10:30 Trishaw Bike Rides*
1:30 Catholic Eucharist
RAINBOW PRIDE PARTY with Luke Sandford presents Elton John's best

10 Active Games 2F
10:30 Hand Spa MF&2F
2 Summer Cooking MF
3 Fine Arts & Crafts 2F

10 Virtual Church MF&2F
10:30 Active Games 2F

2 Sensory Program MF
3:30 Brain Games 2F

10:00 Exercises 2F
11:00 Exercises MF
2:30 Music with Bob Collins 2F
2:30 Music Program MF
3:00 Gardening 2F

10:30 Walking Club

2:00 Table Talk MF
3 Summer Cooking 2F

Dog Day
10:00 Exercises 2F
11:00 Exercises MF
1 Care Conference
2:30 Hymnsing & Prayers MF
2:30 Board Games 2F
3:30 Spiritual Program with Chaplain 2F

10:30 Walking Club

2:00 Ice Cream Social 2F
2:30 Ice Cream Social MF

10:30 Trishaw Bike Rides*
BBQ LUNCH
1:30 Catholic Eucharist

2 Celebration of Life in the Chapel

10 Active Games 2F
10:30 Hand Spa MF&2F
2 Summer Cooking MF
3 Fine Arts & Crafts 2F

10 Virtual Church MF&2F
10:30 Active Games 2F

2 Sensory Program MF
3:30 Brain Games 2F

10:30 Exercises
2:30 Music with Alistair MF
3:00 Gardening 2F

Please note:

- Program times are flexible depending on resident needs
 - MF = Main Floor, 2F = 2nd Floor
- *weather permitting – alternative indoor program offered in poor weather
- All programs without floor noted are on both floors