

September 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Please note: - Program times are flexible depending on resident needs - MF = Main Floor, 2F = 2nd Floor *weather permitting – alternative indoor program offered in poor weather All programs without floor noted are on <u>both</u> floors		 1 10:30 Walking Club 2:00 Table Talk MF 3 Summer Cooking 2F	2 10:00 Exercises 2F 11:00 Exercises MF 2:30 Hymnsing & Prayers with Chaplain MF 2:30 Board Games 2F 3:30 Spiritual Program with Chaplain 2F	3 10:30 Walking Club 2:00 Ice Cream Social 2F 2:30 Ice Cream Social MF 	4 World Beard Day 10:30 Trishaw Bike Rides* 1:30 Catholic Eucharist 2:30 Hymnsing & Prayers with Chaplain MF 2:30 Bingo 2F 3:30 Spiritual Program with Chaplain 2F	5 International Day of Charity 10 Active Games 2F 10:30 Hand Spa MF&2F 2 Summer Cooking MF 3 Fine Arts & Crafts 2F
6 Read a Book Day 10 Virtual Church MF&2F 10:30 Active Games 2F 2 Sensory Program MF 3:30 Brain Games 2F	7 Labor Day 10:00 Exercises 2F 11:00 Exercises MF 2:30 Labour Day Music with Alistair MF 3:30 Gardening 2F	8 International Literacy Day 10:30 Walking Club 2:00 Table Talk MF 3 Summer Cooking 2F	9 10:00 Exercises 2F 11:00 Exercises MF 2:30 Hymnsing & Prayers with Chaplain MF 2:30 Board Games 2F 3:30 Spiritual Program with Chaplain 2F	10 HAIR CARE DAY 10:30 Walking Club 2:00 Ice Cream Social 2F 2:30 Music with Bob Collins 2F 2:30 Ice Cream Social MF 	11 Rosh Hashanah (Jewish New Year) 10:30 Trishaw Bike Rides* 1:30 Catholic Eucharist 2-3:30 ST. JUDE'S OPEN HOUSE with Ed, Salve, & Friends entertaining MF 	12 Chocolate Milkshake Day 10 Active Games 2F 10:30 Hand Spa MF&2F 2 Summer Cooking MF 3 Fine Arts & Crafts 2F
13 Grandparents Day 10 Virtual Church MF&2F 10:30 Active Games 2F 2 Sensory Program MF 3:30 Grandparents Day Trivia & Brain Games 2F 	14 10:00 Exercises 2F 11:00 Exercises MF 2:30 Music Program MF 3:00 Gardening 2F	15 10:30 Walking Club 1-3pm Scenic Drive - Spanish Banks, UBC, Southlands 3 Summer Cooking 2F	16 10:00 Exercises 2F 11:00 Exercises MF 2:30 Hymnsing & Prayers with Chaplain MF 2:30 Board Games 2F 3:30 Spiritual Program with Chaplain 2F	17 10:30 Walking Club 2:00 Ice Cream Social 2F 2:30 Ice Cream Social MF 	18 10:30 Trishaw Bike Rides* 1:30 Catholic Eucharist September Birthday Parties with Hand Over Heart entertaining 2-2:30 2F, 3-3:30 MF 2:00 Resident & Family Council - Chapel 	19 Oktoberfest Talk like a Pirate Day 10 Active Games 2F 10:30 Hand Spa MF&2F 2 Summer Cooking MF 3 Fine Arts & Crafts 2F
20 Wife Appreciation Day 10 Virtual Church MF&2F 10:30 Active Games 2F 2 Sensory Program MF 3:30 Brain Games 2F	21 International Peace Day World Gratitude Day 10:00 Exercises 2F 11:00 Exercises MF 1:30-3:30 Fall Decorating	22 First Day of Autumn 10:30 Walking Club 2:00 Fall Facts & Chat MF 3 Fall Baking begins 2F 	23 International Day of Sign Languages 10:00 Exercises 2F 11:00 Exercises MF 2:30 Hymnsing & Prayers with Chaplain MF 2:30 Board Games 2F 3:30 Spiritual Program	24 10:30 Walking Club Oktoberfest Lunch: Turkey Schnitzel  2:30 OKTOBERFEST PUB with Dan Propp on Accordion MF	25 Comic Book Day 10:30 Trishaw Bike Rides* 1:30 Catholic Eucharist 2:30 Hymnsing & Prayers w/ Chaplain MF 2:30 Bingo 2F 3:30 Spiritual Program	26 10 Active Games 2F 10:30 Hand Spa MF&2F 2 Summer Cooking MF 3 Fine Arts & Crafts 2F
27 World Tourism Day 10 Virtual Church MF&2F 10:30 Active Games 2F 2 Anglican Chapel Service 3:30 Brain Games 2F	28 10:00 Exercises 2F 11:00 Exercises MF 2:30 Music with Bob Collins MF 3:00 Gardening 2F	29 10:30 Walking Club 2:00 Table Talk MF 3 Cooking/Baking 2F	30 National Day for Truth & Reconciliation  10:00 Exercises 2F 11:00 Exercises MF 2:30 Truth & Reconciliation Service with Chaplain MF 2:30 Board Games 2F 3:30 Spiritual Program 2F	Welcome Autumn		